## Parent Pathways is for parents and carers who:

- have a child aged under 6
- are not in paid employment
- live in an area where there is a Parent Pathways provider

### You must also be getting:

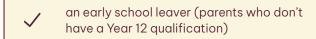
Parenting Payment

Carer Payment

Special Benefit

# You are also eligible if you're not getting a Centrelink payment, and are either:





✓ a First Nations parent or carer



### Where to find more information



You can find more information on Parent Pathways at:

dewr.gov.au/parentpathways

### **Need extra support?**

Many parents and carers experience extra challenges from time to time. You can talk to your mentor about finding practical, emotional, or personal support, as well as information and advice. If you need to exit Parent Pathways or take a break you can do that too.

If you need immediate help you can call Lifeline Australia on 13 11 14.





# Supporting parents and carers in planning their future

We're here to support parents' goals while they're doing the most important job of all.



# What is **Parent Pathways?**

Parent Pathways is a voluntary service that can help you identify and achieve your future goals. The service is flexible, accessible and considerate of your individual circumstances.

You'll work with a mentor who will support you throughout your time in Parent Pathways.

You'll receive tailored advice, guidance and resources in a supportive and safe environment, where your children are always welcome.



### What your Parent Pathways mentor can help you with



### **Local services**



Family and domestic violence support



Joining local community groups for connection and support



Access to or help finding child care



Linking you with services to support the health of you and your family

#### Financial assistance

You can get help to cover certain costs towards your future goals. This could include assistance to purchase a computer, get your licence, buy tools, equipment or a uniform to help with getting a job.

The amount of financial support depends on your unique needs, future goals and current circumstances.

### Skills and training

Your Parent Pathways mentor will work with you to think about what you might like to do now and in the future. Your mentor can support you to do a training course, get a certificate or qualification or develop a new skill.

