Residential Aged Care Worker Roles

Do you:

* see yourself as a caring people person
* like to support people in a direct and practical way
* prefer working as part of a team in a fixed workplace

# What do Residential Aged Care Workers do?

These frontline staff support residents with everyday life activities to maintain their wellbeing.

Many of these roles are at entry to mid-skill level with a diverse range of career pathways. Some key work tasks include assisting residents with:

* daily activities like taking medication, eating meals, showering and other personal care
* other activities that support residents to maintain their hobbies and interests and connect with other residents in the facility or the wider community

# Employers may refer to these roles as:

* Personal Carer, Personal Care Assistant, Residential Carer, Assistant in Nursing
* Personal Support Worker, Residential Support Worker, Respite Worker
* Direct Support Supervisor / Team Leader

# Key attributes - employers often look for someone who:

* communicates really well with people – and can build rapport with residents
* has a genuine interest in people – along with empathy, care, respect and patience
* is reliable, dependable, and trustworthy
* is a good team player and flexible (with good availability to cover a variety of shifts)
* is attentive and aware – with good attention to detail and the needs of others

# Skills and accreditations employers often require:

* good literacy and numeracy (for example to calculate medication dosages)
* current First Aid Certificate (essential for some roles)
* current police check and Working with Vulnerable People clearance (varies between states)
* entry qualifications (while these are not mandatory, many employers will require you to hold, or be working towards, a Certificate III in Individual Support. Some employers offer traineeships.)