Residential Aged Care Worker Roles

Do you:



What do Residential Aged Care Workers do?

These frontline staff support residents with everyday life activities to maintain their wellbeing. Many of these roles are at entry to mid-skill level with a diverse range of career pathways. Some key work tasks include assisting residents with:

- daily activities like taking medication, eating meals, showering and other personal care
- other activities that support residents to maintain their hobbies and interests and connect with other residents in the facility or the wider community.

Employers may refer to these roles as:

- > Personal Carer, Personal Care Assistant, Residential Carer, Assistant in Nursing
- Personal Support Worker, Residential Support Worker, Respite Worker
- Direct Support Supervisor / Team Leader

Sounds interesting?

Check out the key attributes and skills for the role below:

Key attributes - employers often look for someone who:	
	communicates really well with people – and can build rapport with residents
	has a genuine interest in people – along with empathy, care, respect and patience
	is <i>reliable</i> , dependable, and trustworthy
	is a good team player and flexible (with good availability to cover a variety of shifts)
	is attentive and aware - with good attention to detail and the needs of others
Skills and accreditations employers often require:	
	good literacy and numeracy (for example to calculate medication dosages)
	current First Aid Certificate (essential for some roles)
	current police check and Working with Vulnerable People clearance (varies between states)
	entry qualifications (while these are not mandatory, many employers will require you to hold, or be working towards, a Certificate III in Individual Support. Some employers offer traineeships.)